



## The Little Burger Bible (Paperback)

By Florence Eppinger

Bristol Publishing Enterprises Inc., U.S., United States, 2003. Paperback. Book Condition: New. 209 x 135 mm. Language: English . Brand New Book. The Little Burger Bible, by Zella Eppinger redefines and revitalizes America's favorite food. The author brings the burger up-to-date with a collection of new and exciting recipes for the next century. From traditional and regional, to light and healthy, this book expands horizons and redefines the burger as we know it. Americans eat over 14 billion burgers every year. That statistic is staggering, but even more staggering is the fact that this is based on beef burgers alone. Over the years, the hamburger, adapted from a recipe developed in Hamburg, Germany, has become affectionately known as the burger . The name Burger is shorter, cuter and more importantly, has come to encompass this rapidly evolving food. While hamburger has traditionally meant a beef-based sandwich, burger can mean chicken, turkey, tofu, grains and vegetables, even pork, fish or lamb. The Little Burger Bible is filled with recipes for new and exciting burgers, sauces, side dishes, buns and even safe cooking tips and techniques. Whether you use an outdoor grill, an indoor grill or a skillet, this book will shake...



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