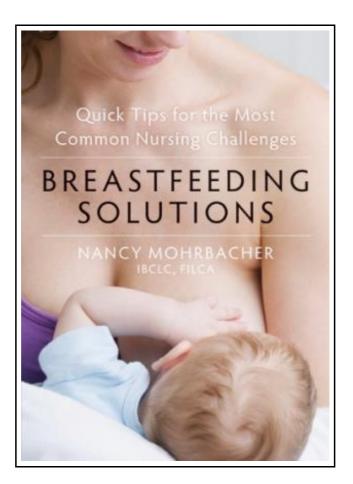
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New Harbinger Publications. Paperback. Book Condition: new. BRAND NEW, Breastfeeding Solutions: Quick Tips for the Most Common Nursing Challenges, Nancy Mohrbacher, If you are like most mothers, you want to give your baby everything they need to live a healthy, happy life. You've probably read about how breastfeeding can not only provide basic nutrition, but can also protect babies against illness and obesity, help them develop stronger brains, and can even stop them from developing allergies. But even though you know about the benefits of breastfeeding, you may be experiencing difficulties. You aren't alone. Breastfeeding can be a difficult process for many women, but fortunately, there are simple answers to many of these problems. As a busy mother, you probably don't have time to read long-winded books and manuals. You want quick, practical solutions. Written by the coauthor of Breastfeeding Made Simple-the La Leche League's breastfeeding bible -Breastfeeding Solutions is the ultimate easy-to-read guide for mothers who are experiencing difficulty breastfeeding. The line drawings, bulleted lists, tables, charts, and other visual aids included in this book make it easy for you to quickly find the breastfeeding solutions you need without wading through hundreds of pages of text. In the book, you will learn how to overcome challenges such as pain, lack of milk expression, pumping, and weaning, so that you can give your baby the best start in life possible. After all, breastfeeding is the most inexpensive gift you can give to help ensure your baby grows into a healthy, happy adult. Breastfeeding Solutions is the perfect book for any new mother who wants fast solutions to common breastfeeding problems.

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