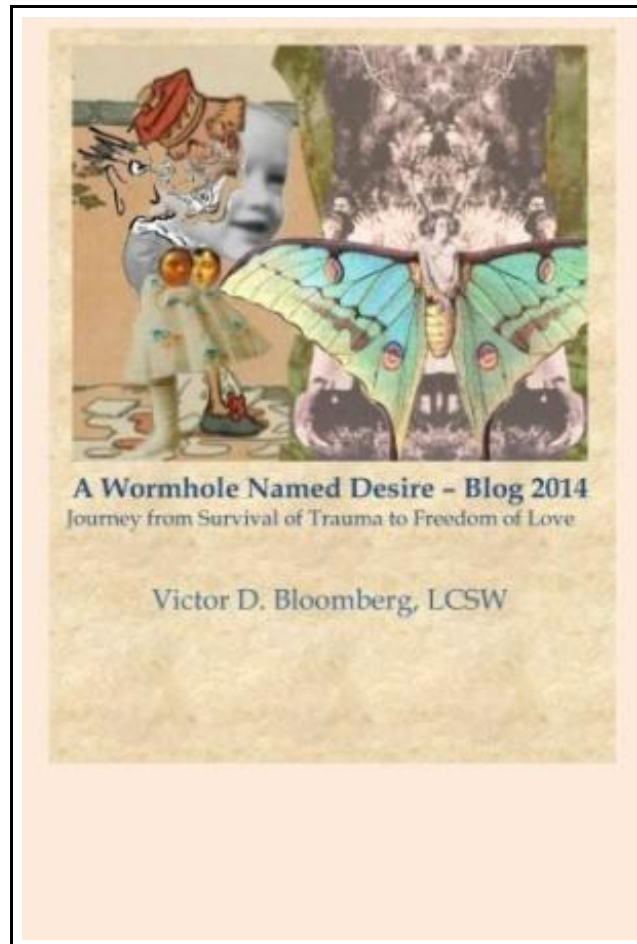


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Reviews

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----- From the book: Cultural traditions and values help a survivor build trust. Core beliefs filter experience, screen (reject) the unmanageable, and allow for the reinforcement of strength. As strength increases, the person manages a wider range of experiences (in terms of variety, intensity, duration and frequency). Positive experiences provide affirmation. A survivor who is on a path of healing increasingly sees characteristics that are common among trustworthy people. Perseverance is essential, because: -A con artist fools their victim, -An extreme narcissist manipulates through giving, and -A muddled person confuses self and others. Emotionally, self is confused with other. In an effort to guard against replication of past, Humpty becomes fiercely resolved to reject false notions of The Shroud . A survivor is sensitive to injustice as a burn victim cannot tolerate exposure to heat. -What are your passions? -Are any of your passions in opposition to something? The essence of survival is that a person derives pleasure and hope from good things and at the same time is especially sensitive to pain. The survivor has an early warning system...

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