



## Minimalism: Discover the Power of Less : Free Yourself from Stress and Clutter with Minimalism (Paperback)

By Jane Andrews

Speedy Publishing LLC, United States, 2014. Paperback. Book Condition: New. large type edition. 279 x 216 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Are you constantly stressed? Un-stress yourself! Turn your home from a cluttered mess to clutter free. Change the way you live forever with life changing habits starting at home. Minimalism: Discover the Power of Less will help you realize what it takes to live with less and live your life with more. This guide will reveal to you: o The power of living more with less o The freedom you get with having less o How to break free from your stuff o How to find happiness with having just enough o How to eliminate stress in having less o How to live simply to live life to the fullest It is power packed with information. Minimalism is not just a trend; it is the key to happiness and freedom. Get your copy now!.



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-- **Estrella Howe DVM**

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