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EASY VEGAN: SIMPLE RECIPES FOR HEALTHY EATING



Ryland, Peters & Small Ltd. Paperback. Book Condition: new. BRAND NEW, Easy Vegan: Simple Recipes for Healthy Eating, , This title provides more than 100 easy recipes for exciting and nutritious dishes for anyone following a meat- and dairy-free diet. Warming soups include Butternut Squash with Allspice and Pine Nuts plus lighter choices for summer such as Courgette, Broad Bean and Lemon Broth. Try delicious Snacks and Light Meals - choose from Hot Red Pepper and Walnut Dip; Lentil, Carrot...

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