



## Brockport Physical Fitness Test Manual-2nd Edition with Web Resource: A Health-Related Assessment for Youngsters with Disabilities (Paperback)

By Joseph P Winnick, Francis Short

Human Kinetics Publishers, United States, 2014. Paperback. Book Condition: New. 2nd. 277 x 213 mm. Language: English . Brand New Book. The Brockport Physical Fitness Test revolutionized fitness testing for youngsters with disabilities when it first came out in 1999. This significantly updated edition takes up where the original left off, offering adapted physical education teachers the most complete health-related fitness testing program available for youngsters with physical and mental disabilities. This new edition of Brockport Physical Fitness Test Manual: A Health-Related Assessment for Youngsters With Disabilities comes with an online web resource with reproducible charts and forms as well as video clips that demonstrate assessment protocol for the tests. The text helps teachers understand these aspects: - The conceptual framework for testing - How to administer tests to youngsters with various specific disabilities The text also supplies a glossary and many appendixes, including a body mass index chart, guidelines on purchasing and constructing unique testing supplies, conversion charts for body composition and PACER, data forms, and frequently asked questions. Brockport Physical Fitness Test Manual: A Health-Related Assessment for Youngsters With Disabilities is compatible with Fitnessgram 10. The text s updates include standards and language that help teachers use Brockport...

### Reviews

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