



## Facing the Frozen Ocean: One Man's Dream to Lead a Team Across the Treacherous North Atlantic

By Bear Grylls

Pan Macmillan. Paperback. Book Condition: new. BRAND NEW, Facing the Frozen Ocean: One Man's Dream to Lead a Team Across the Treacherous North Atlantic, Bear Grylls, Shortlisted for the William Hill Sports Book of the Year Award 2004, this is the compelling account of the most recent adventure of the bestselling author of "Facing Up". It started out as a carefully calculated attempt to complete the first unassisted crossing of the frozen north Atlantic in an open rigid inflatable boat, but it became a terrifying battle against storm-force winds, crashing waves and icebergs as large as cathedrals. Starting from the remote north Canadian coastline, Grylls and his crew crossed the infamous Labrador Sea, pushed on through ice-strewn waters to Greenland and then found themselves isolated in a perfect storm 400 miles from Iceland. Compelling, vivid and inspirational, "Facing the Frozen Ocean" will appeal to all Bear Grylls' many readers and win him many more. "An epic story of hardship, friendship and faith" - "Daily Telegraph". "Riveting" - "Daily Express". "Grylls is certainly proof that the age of great explorers has not completely passed us by" - "Scotsman".



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